

Falconer Elementary School Breakfast Menu

2018

Welcome
April


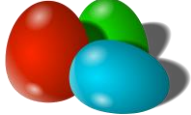






Menu Subject to Change

My Plate.gov. Internet
<http://www.myplate.gov>

Attention Parents and Teachers
Breakfast is the most important meal of the day
and provides the necessary energy to start a day of
learning and achievement. Children who eat

breakfast at school:
*Score better in standardized tests
*Have fewer health issues
*Behave better in class

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3	4 April 2nd to April 6th <div style="border: 2px solid blue; padding: 10px; text-align: center; font-size: 2em; font-weight: bold;">Spring Break</div>	5	6 
9 French Toast Stix With Syrup ----- 100% Juice Fresh or Prepared Fruit ----- Milk	10 Pretzel with Cheese ----- 100% Juice Fresh or Prepared Fruit ----- Milk	11 Breakfast Round With Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk	12 Muffin With Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk	13 English Muffin with Ham & Cheese ----- 100% Juice Fresh or Prepared Fruit ----- Milk
16 Cereal Bar with Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk	17 French toast Bites ----- 100% Juice Fresh or Prepared Fruit ----- Milk	18 Pancakes with Syrup ----- 100% Juice Fresh or Prepared Fruit ----- Milk	19 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk	20 Biscuit with Egg & Cheese ----- 100% Juice Fresh or Prepared Fruit ----- Milk
23 French Toast Stix With Syrup ----- 100% Juice Fresh or Prepared Fruit ----- Milk	24 Pretzel with Cheese ----- 100% Juice Fresh or Prepared Fruit ----- Milk	25 Breakfast Round With Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk	26 Muffin With Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk	27 English Muffin with Ham & Cheese ----- 100% Juice Fresh or Prepared Fruit ----- Milk
30 Cereal Bar with Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk				

**Offered Daily With all
School Breakfasts:**

Fresh or prepared fruits

Non or Low Fat White or Non
Fat Chocolate Milk Available
Daily

We serve the following items

Daily

Cereal w/Toast
Yogurt w/Giant Goldfish

100% Juice, Fresh or prepared fruit

Non or Low Fat Milk

*Students may choose one item
from each section*

**Must
take at
least 3**

Choose one

Choose one

Choose one

This institution is an equal opportunity Provider
and Employer